

Respect



First and Goal, Inc.

EDUCATIONAL GOALS:

CHILDREN LEARN:

- How to be respectful people.
- That insults and put-downs are not good natured fun.
- The Golden Rule - treat others the way you want them to treat you.
- That treating people with respect makes better friendships.
- That bullying is a very hurtful form of disrespect.

HOW TO BE RESPECTFUL

- **Treat other people the way you want to be treated.**
- **Be courteous and polite.**
- **Listen to what other people have to say.**
- **Don't insult people, or make fun of them, or call them names.**
- **Don't bully or pick on others.. .**
- **Don't judge people before you get to know them.**

DISCUSSION QUESTIONS

1. Is there anything you dislike about the way people treat each other here at school? Do you know of any disrespectful behavior? Describe it. How do you feel about it?
2. What do you like most about the way people treat each other here at school? Does it have anything to do with respect?
3. What is a bully? Is bullying an act of disrespect? In what way? Are there bullies here at school? Can someone be a bully without meaning to be? How?
4. How can treating people with respect prevent fights?
5. When you are with a group of kids, what things might other kids do or say that make you feel good? What things make you feel bad?
6. How does treating people with respect affect your friendships?

STUDENT ACTIVITIES

1. What does it mean to treat other people with respect? Have your class brainstorm a list of do's and don'ts for treating people with respect. Ask for specific examples of each behavior they identify. Compare their list with the one at the top of this page. Hang the list up on the wall as a reminder.
2. Make a class contract in which the kids lay out a set of rules for having a respectful classroom. What will be the penalties for violating the rules?
3. Brainstorm ways to make your school environment more respectful. Create a list of recommendations, and place them in your school newspaper or on a poster.
4. Have the kids role play or use puppets to act out the following situation: Four good friends are planning to spend a day at an amusement park. Two of them want to invite another kid who's new in school. The other two don't want to include this person because he/she is different in some way (different race, a "dweeb," from a foreign country, etc.). After the role play have a class discussion. Then, have four others do another role play changing what it is that's different about the new kid. Repeat this process changing the difference each time.
5. Bring in articles from newspapers and magazines describing situations in which respect or disrespect are issues. Talk about who is acting respectfully, and who is acting disrespectfully in these situations.

RESPECT: Large Group Activity

Go Between, In Between

5 minutes

Group problem solving

Instructions:

1. Have the group stand in a circle.
2. Each person should select in their mind two other people in the room. They should not say the names of those two people or indicate in any way who they are. The people selected do not have to be standing near each other.
3. When you say "go", each person moves to try to stand between the two people selected. The exercise ends when everyone is satisfied with their position or when chaos ensues.

Processing:

The decisions we make affect others in ways we may not initially be aware of, and our ability to carry out our own decisions is often dependent on the decisions of other people. It is important to communicate well with others in order to reach our objectives. When our goals are frustrated by others how do we react?

Writing Assignment

1. Watch a movie or TV show and write about how the characters treated each other. In what ways were they respectful or disrespectful? Give some specific examples.
2. Draw a picture of Max, and write a description of him. Tell how you would treat him if he wanted to join in a game with you and your friends.
3. Write about an experience you had with bullying. Were you the bully? Were you the victim? Were you just watching? What happened and how did it make you feel?
4. Are kids ever picked on at your school? What do they get picked on about (height, weight, appearance, disability, accent, skin color, etc.)? Exactly how are they picked on? How do you think these kids feel about this? How do you feel about it?